



Monthly Meeting

THE MEMBERSHIP MEETING THIS MONTH IS ON THE SECOND TUESDAY, FEBRUARY 12th.

Our speaker will be Brian Saxton, a Wyckoff resident, who will talk to us about his experience as a member of two National Football League Teams- the NY Giants and the Atlanta Falcons from 1995 to 2000 as well as some of his college experiences while playing for Boston College(BC) from 1990 thru 1994. Dan Reeves was his coach when he played for the Giants and you will certainly know some of Brian's teammates with the Giants and Falcons. .

In his four years at Boston College, where he obtained both an undergraduate degree and a Masters Degree, he had three different head coaches—Jack Bicknell, Tom Coughlin and Dan Henning and Brian enjoyed playing in three bowl games- the Hall of Fame Bowl, the CARQUEST Bowl and the Aloha Bowl.

Brian enjoyed some good teammates at Boston College and will discuss those experiences as well. With his college football career over Brian pitched for the BC baseball team his senior year at BC.

After his football career, Brian earned and still retains his Screen Actor Guild card and was a stunt man in the Gene Hackman/Keanu Reeves movie, **The Replacements**. Brian also worked with **"Friday Night Lights"** on their show finale in 2011.

Brian is now married with three children and currently works in Morristown, NJ where he is a Senior Vice President with Wells Fargo Advisors. He is a Certified Financial Planner and is still an active member of the NFL Retired Players Assn. and the NFL Alumni Assn.

Herb Umland

Note from the President

There are a number of initiatives that are coming on line intended to make AU more interesting and efficient for our members.

Thanks to the hard work and talent of **Don Kirkpatrick**, the AU Website, www.activitiesunlimited.org, is ramping up. In addition to a calendar of all of our activities that have been scheduled for 2013, links into past issues of the newsletter, news on individual activities and the membership roster are also on the website. Access to the membership roster is for AU members only and is password protected. The user ID and Password will be in the email that you received with this newsletter.

Mailing out the newsletter every month costs us about \$140 each month. There are 147 members who receive the newsletter by mail, all of the other members receive it by e-mail at no cost to AU. Of the 147 members receiving mailed copies, 72 have e-mail addresses in the roster. This month and next, those 72 members will receive the newsletter both by mail and e-mail. Try it, you may like it. We could save up to \$700 a year if those who could switched to email. If you care to switch to the e-mail version, complete the form at the end of this newsletter and send it to me. If you wish to continue with receiving a mailed version, no action is required on your part.

The suggestion box was in place at the last meeting and two suggestions were made which have been acted upon. Please continue to provide us with your suggestions and comments. If you wish a more personal approach, call me at 201-891-9099.

VOTE ON BY-LAW CHANGE

As announced at the January Meeting, at this February Membership meeting we will ask for a positive vote on a minor change to the By Laws. A 2/3 vote of members present constituting a quorum is required to amend the By Laws.

Presently, a portion of Article IX, Section 6 reads "Checks over \$500 must be signed by the Treasurer or the Assistant Treasurer in his absence, and the President, or in his absence the First Vice President". We propose to amend this portion of Article IX, Section 6 to read "Checks \$1,000 and over must be signed by the Treasurer or the Assistant Treasurer in his absence, and the President, or in his absence the First Vice President"

As costs are rising, more checks were being issued for \$500 and up causing delays and inconveniences to issue needed checks. Raising the limit to \$1,000 will improve the process without any loss of controls.

	OFFICES		MEETING
President	Frank Nusspickel	891-9099	2nd Tue 11am
1st Vice-Pres.	Herb Umland	891-6638	
2nd VicePres.	Ray Casaprima	891-3394	
Secretary	Ed Chanod	891-1995	
Treasurer	Dick Hensch	89—1309	
Asst. Treas.	Ed McGuirk	445-5729	
	COMMITTES		
AU Guys	John DeSantis	447-0256	
Book Club	Joe Clinton Joe Infosino	447-2261 337-5442	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	891-4048 848-8009	Wed 1 pm M,F 1 pm
Digital Camera	Ed Trerotola	236-1368	
Care-Concern	Joe Clinton Paul Hennion Don Martin	447-2261 891-4716 891-2279	
Chaplain	Rev. D. Bach	891-1782	
Chess	Bill Schultz	891-5327	3rd Thru 9:30
Gardening	Joe Lamela	327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	891-7567 891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	337-5666	Mon 9:00
Historian	Dom Manobianco	891-7185	
Investment	Herb Umland	891-6638	2nd Thru 9:30
Model RR	Lou Guarneri	847-1981	Wed. 7PM
Membership	Dick Gattoni Walt Widmer	652-0064 562-8666	
Newsletter Distribution By	Lou Guarneri Ed Schlachman	847-1981 973-423-1459	
Project Outreach	Marty McGonigle	529-1941	
Photographer	Chuck Bainbridge	447-2910	
Public Disc.	Walt Widmer	562-8666	4th Fri 9:30
Refreshments	Hank Boucher Frank Turi Andy Grace	445-2633 973-513-9117 337-4360	
Science	Jack Yurasek	337-4433	3rd Tues 10.00
Skiing	Bud Brooks	327-6649	Snow
Sponsor Liaison	Mike Wolff	891-4426	
Stock Market	Ramon Casaprima	891-3394	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	891-7185	MWF
Transport.	Ron Miller	891-5734	
Trips/Tours	Lou Guarneri George Lewis	847-1981 891-5883	2nd Tues 10:30
Web-Master	Don Kirkpatrick	337-5666	



Duplicate Bridge Results

		1st	2nd	3rd
1/9	NS	Verdi/Wiest	Christie/Freimuth	Page/Socolof
	EW	Gilpatrick/Milcos	Hausman/Martin	Mahmarian/Riccardi
1/16	NS	MacDougall/Reed	Gilpatrick/ Mahmarian	Lewis/Smith
	EW	Gattoni/Warner	Green/Hausman	Coughlin/Milcos
1/23	NS	Milcos/Wiest	Verdi/Warner	Lewis/Martin
	EW	Hulit/Riccardi Gattoni/Meloro	—	Freimuth/Reed
1/30	NS	Green/Smith	MacDougall/Milcos	Crawford/Warner
	EW	Hulit/Wiest	Meloro/Reed	McAdam/Warner

Thank you to ALL who attended the **Christmas Dinner Dance....YOU** made it a big success! **Bud Brooks, Jack Coughlin, Lou Guarneri** and **John Plunkett** must be acknowledged for their support and assistance. **Save the date....Tuesday December 17th 2013** — we will do it all again! **Terry Gilly**

ANNUAL MAY LUNCHEON

Our annual AU Luncheon is coming up on Tuesday May 14th. Don't miss this outstanding event to be held at the Indian Trail Club in Franklin Lakes.

Great food, ambiance and friendship with fellow AU members will ensure an enjoyable afternoon. The AU Guys will provide music for your listening and dancing pleasure.

The price is \$24.00 per person and will include a buffet, coffee, tea and soda. A cash bar will be available. Spouses and significant others are invited. Doors will open at 12:00 noon and the event will end at 3:00 PM, with open seating.

To make your reservation, please send a check for \$24.00 PP payable to Activities Unlimited to: Ramon Casaprima, 46 Walnut Street West, Mahwah, New Jersey 07430 07430.

Get those check in early and let's welcome spring in with a great turnout.

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
Denis Trum (Betsey)	74 Dogwood Terr. Ramsey, NJ 07446	Account Executive	Gardening, Golf, Hiking, Investments, Skiing, Stock Market	H: 201-934-9218 C: 201-788-6398 denistrum@gmail.com
Harry Bennett (Arlene)	47 Edgewood Ave. Wyckoff, NJ 07481	Engineer	Computers, Digital Cameras, Golf, Hiking, Science, Skiing, Trips & Tours	H: 201-891-9527 C: 201-803-1475 harben@optonline.net
Tom McGinnis (Carolyn Zimmerman)	211 Woodside Ave. Franklin Lakes, NJ 07417	Persident	Digital Cameras, Golf, Invest- ments, Science, Stock Market	H: 201-847-0093 C: 201-681-7577 tomoutwater@gmail.com
William J Mastellon (Patricia)	101 East Oak St. Oakland, NJ 07436	Finance	Golf, Model RR, Trips & Tours	H: 201-447-1417 C: 201-790-6668 wjm8666@aol.com
William (Bill) T Rush (Carol)	332 Meadowbrook Rd. Wyckoff, NJ 07481	Information Systems	Hiking, Science, Stock Market	H: 201-891-5566 C: 201-675-4763 wtrush@verizon.net
John L Steen (Candy)	523 Curran Pl. Franklin Lakes, NJ 07417	Textiles-Yarns	Digital Cameras, Gardening, Science	H: 201-891-5397 C: 201-693-2917 johnsteensales@optonline.net



Science

The Science Club

January 15, 2013—**Jack Yurasek** gave a talk on Gravity- Time and Relativity. A PBS NOVA DVD by Brian Green was shown, along with a discussion of **Gravity/Acceleration Equivalency, Warping of the Universe, and Space /Time Diagrams.**

February 19, 2013—**Walt Widmer** will give us a talk on how are our Liver and Kidney function, as well as the digestion process. Walt has given us many presentations on our bodies, and they are always excellent.

March 7, 2013 (Thursday)—Museum of Natural History Bus Trip

In order to have this Bus trip, it is necessary to have at least 30 people going, to date, only 20 have signed up this trip. The trip is open to all AU Members, as well as, family and friends. It includes the Planetarium and an IMAX Movie. Lunch is available in one of several restaurants in the Museum. Please **Save the Date**, and invite others. The bus will leave WRC at 8:30 AM, and return by 5:00 PM. The cost of the Trip will be \$48 (per person), with a \$20 Deposit. Please mail Checks to me at 136 Manito Ave., Oakland, NJ 07436). Note: in a previous newsletter an incorrect date was indicated.

March 19, 2013—**Fred Theile's** presentation will be on WATSON, the IBM Computer which did well on Jeopardy. It should be interesting.

Note that we continue to need volunteers to give S/C talks. Please contact me to discuss ideas for future talks and suggestions to improve the Science Club, as well as information on future meetings and trips.

JACK YURASEK (201-337-4433)



The
Garden
Club

At our January 9th meeting, members discussed field trip options with a consensus leaning toward "Duke Gardens" later in the spring, as well as, the Annual Central Jersey Flower Show.

The group was apprised of the latest fertilizer rules, eliminating "Phosphorus" when tending to lawns.

Several deer resistant flower varieties were mentioned including Cleome, Irinsine, and Cellium.

Some pruning techniques were also reviewed with the following rules reaffirmed:

- 1) Dead wood can be cut anytime,
- 2) Spring flowering should be pruned after blooming, and,
- 3) Summer flowering should be pruned in March.

Any garden questions, call me at 201-327-

8137 **JOE LAMELA**

Food Pantry

At the January meeting, \$247.00 was given as donations to the Food Pantry.

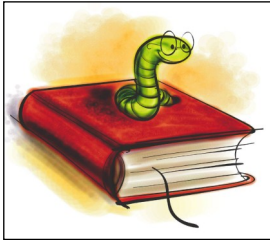
The Deadline for March 2013 Newsletter articles is **February 26, 2013.**

Send to:

Email: lguarneri03@gmail.com

Or mail to: **Lou Guarneri**

**128 MacLeish Court
Mahwah, NJ 07430**



The Book Club

Books for February:

- * Places In Between - Rory Stewart
- * Night - Elie Wiesel
- * Gil Hodges - Tom Clavin

At our January meeting, **George Ekel** led the discussion on the classic novel, *Darkness at Noon* (Arthur Koestler). This chilling account of a high ranking Communist Party member arrested, imprisoned and forced to admit to treasonous crimes he did not commit, was a reflection on the Moscow show trials of the late 1930's. Koestler, a communist, served as a journalist in the Spanish Civil War, where he was imprisoned by the Loyalists (Fascists) and faced the possibility of execution. He was subsequently released, and shortly after broke with the party, as he saw no difference between Communism and Fascism. George Ekel related to this story because of his own life history, having lived in Poland under the Nazis and Communists.....**John Oates** gave a spirited review of *Nothing To Be Frightened Of*, Julian Barnes' book about dying. The book is both a memoir and an essay about this subject we often avoid talking about. Barnes is an agnostic and his perspective on death reflects this. Barnes opines that the important divide may not be between believer and non-believer, but between those who fear death and those who don't. **John Oates** believes the author's preoccupation with death and religion (this is a thread that runs throughout some of his novels) and how he approaches it reflects a conflicted state of mind and that Barnes may still be "searching" rather than steadfastly agnostic.....**Jerry Hulit** introduced *Istanbul Passage* (Joseph Kanon), a spy novel set in Istanbul at the close of WWII. Leon Bauer, under the cover of tobacconist, is a U.S. spy assigned the task of shepherding a Russian defector from Istanbul to the U.S. Turns out this defector, with classified knowledge of Russian secrets, was a member of the notorious Romanian Iron Guard, implicated in the massacre of Jews during the war. Not an easy assignment for Leon, himself a Jew. Suspenseful, with plenty of twists and turns and a surprise ending.

Books for March:

- * Hidden America - Jeanne Laskas
- * Ike's Bluff - Evan Thomas
- * Making the Rounds with Oscar - David Dosa

The February meeting will be Wednesday February 13, 2013 at 9:30 a.m. at the Larkin House (380 Godwin Ave., Wyckoff).

Joe Infosino

COLOR COPIES AVAILABLE AT WRC

Copy facilities for AU Activities at the Wyckoff Reformed Church now include COLOR capabilities with a new machine that has been recently acquired. The assistance of the church staff will be required and AU will be charged for copies made as in the past. This new machine can also produce color transparencies.

Investment Study Group



Thursday February 14, 2013
At WRC- top floor

Please join us to hear from and talk with **Robert Kleiber, a founder of Compass Financial Management** located in Parsippany, NJ.

Bob is a Registered Investment Advisor (RIA) with the US Securities and Exchange Commission, is a Certified Financial Planner (CFP) and has provided investment management advice to individuals and corporate clients for over 30 years. He has authored numerous Financial articles, and lectured business and client groups on global asset allocation. He has appeared on the CNN Financial Network and regularly contributes To "Ask the Expert" on CNN's website.

Prior to founding Compass was a founding member, Pres. And CEO of New Century Asset Management, which was eventually acquired by Valley National Bank; had worked at a major national Bank; and had done financial modeling at a technology firm he owned.

Bob has a very hands on approach which allows him to integrate his expertise with his client's objectives and appropriate market opportunities which creates long term relationship with his clients.

All AU members are invited to meet and talk with Bob during his first visit to our group. Please join us at 9:30AM on Thursday, February 14th upstairs at WRC. Please call with any questions 201-891-6638 Herb



The Chess Club

The AU Chess Club meets monthly on the third Thursday from 9:30—12 Noon. Due to the small group of chess players we meet at **Bill Schultz's** home 9/10ths of a mile from the WRC. The games are played on an informal social basis and are unhurried and congenial. Unlike bridge, backgammon or gin, the factor of chance or the luck of the draw are not issues in chess. It purely exercises the mind and the cerebellum resulting in improving memory retention thus eliminating the necessity of prescription medicines to counter memory loss and Alzheimer problems. Games are played in front of the fireplace, at the kitchen table in view of several bird feeders or in the family room overlooking the green acres forest trees. Players need not be professional and most are in need rehabilitation and refresher courses. For more information or to schedule a game contact **Bill Schultz** (201) 891-5327.

Obituaries

Ada Marie (Rie) wife of **Dick Murray** died January 10, 2013.

James Bargmann died January 21, 2013.

The AU Guys Band

The AU Guys Band is again making an appeal to all our fellow members to consider joining our band if you still have your instrument or know of a musician who needs some coaxing. Don't be shy, it's like riding a bicycle and you don't need a helmet.

The only two rules the band has are:

- 1) You must have fun.
- 2) If you make a mistake don't stop playing.

We practice most Wednesdays from 10:00 -12:00 Noon at the Larkin House.

If interested, please contact **John DeSantis** at 201-447-0256.



Public Discussion Group

The Public Discussion Group meets the 4th Friday at 9:30 am of each month at the Larkin House. We are a congenial group of individuals who enjoy exchanging their views on selected topics from current events. The opinions range sufficiently to stimulate very broad views on any and all topics. Join us for good discussions or just listen and observe. All are welcome.

CUT HERE

Form to Receive the AU Newsletter by e-mail

Mail To: **Frank Nusspickel**, 463 George Place, Wyckoff, NJ, 07481
(or by email to: ftnusspickel@aol.com)

I _____ agree to receive the AU Newsletter by e-mail.
Your Name

My e-mail address is _____

NOTE: if you already receive the Newsletter by e-mail you do not have to fill out this form.

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Thursday Feb 14, 2013—Valentines Day Party - At Portobello's in Oakland from 6:00—10:00 PM. It includes a sit down dinner with choice of Horseradish Crusted Salmon, Stuffed Chicken Breast w/nuts and wild rice, Veal Osso Buco or NY Strip Steak and a 3 hour open bar. There will be music for your listening and dancing pleasure. The cost is \$60.00 pp. make checks payable to AU and send to: **Jack Coughlin**, 187 Paterson Ave, Apt 313, Midland Park, NJ 07432, (201)251-0198. (Include your choice of entrée with your check.)

Thursday March 14, 2013 —Museum of Natural History Bus Trip. Sponsored by the Science Club. In order to take this Bus trip, it is necessary to have at least 30 People. The trip is open to all AU Members, as well as family and friends. The Trip includes the Planetarium, as well as an IMAX Movie. Lunch is available in one of several restaurants in the Museum. Please Save the Date, and invite others. For information and reservation contact **Jack Yurasek** 337-4433

Monday Mar 11, 2013 St Patrick's Day Party - Brownstone 11:30-3:30; Dancing, Lunch and Entertainment (My Wild Irish Rose) includes 2 free cocktails pp. Cost \$43.00pp. Checks should be made payable to AU and sent directly to: **Terry Gilly**, 709 Highview Drive, Wyckoff, NJ 07481

Monday, April 29, 2013 Mt. Airy Casino featuring a show with the Drifters, a DooWop Group seen on TV. Mt. Airy is offering an excellent package, AU Bus, \$25. Slot Play (Photo ID Needed), Free Lunch Buffet, and The Drifter Show at 3:30 pm. The cost for this Tour is \$49. pp. We only have 45 tickets to the Drifters show, so send your money in early. The Bus will leave WRC at 10 am and leave Mt. Airy at 6 pm. Make checks payable to Activities Unlimited and send to: **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ 07430, For more information call Larry at 201-825-5843.

May 21-23, 2013: Finger Lakes Trip. Three day, 2 night bus tour of the Finger Lakes of New York, includes: 2 dinners, 2 breakfasts, Finger Lakes Winery Tour, Scenic Lake Cruise and much more. \$365.00pp, (\$99.00 single supplement). Price drops to \$349.00pp with 40+ participants. NOTE: A \$100 refundable deposit per person is necessary for your reservation. Information flyers will be available at our monthly meeting. Make your check payable to AU and send to: **Dick Botta**, 413-D Bromley Place, Wyckoff, NJ 07481, (201) 848-9001

THURSDAY: June 20th, 2013. Our Annual Spring Fling Dinner Dance will be held at SEASONS, in Washington Township from 5:30 - 9:30 PM. This will be a sit down dinner with assigned tables. It includes Hors d'oeuvres, Hot & Cold Appetizers, 3 Dinner Choices, Coffee & Dessert and 4 hour open bar. We reserved the Sky Room, which holds 100 guests, so send your check in early. Include the names of your seating quests with your check. Entertainment will be all night for your Dining & Dancing pleasure. Make checks payable to Activities Unlimited for \$67. pp & mail same to: Larry Restieri, 105 Fisher Rd. Mahwah, NJ. 07430. Tel: 201-825-5843

Friday, August 9, 2013 - Westchester Broadway Theatre -Fresh from its record breaking run in London's West End, one of the most beloved British Musicals ever, OLIVER, will be presented with a local cast at the Westchester Theatre in Elmsford, New York. Due to high demand and continuous interest from our membership in this Dinner/Theatre format, we have successfully secured a limited number of seats (44), all in a prime location in the center section of the stage. The cost is the same as last year; \$81.00 pp which includes bus, lunch (choice of five different entrees) and a matinee performance. Don't miss out on being part of this exciting afternoon. To ensure availability we encourage prompt payment. Make checks payable to AU and send to **Ramon Casaprima**, 46 Walnut Street West, Mahwah, New Jersey 07430
For information call Ramon: 201-891 3394.

Thursday September 5, 2013 AU's Annual Wine Tasting Party. Wine and Appetizer Social at the Brookside Manor Clubhouse, which is about 5 minutes from the Wyckoff Reformed Church. There will be wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$35.00 pp. This social will be limited to 50 people because of the size of the clubhouse which is perfect for everyone to mix and socialize in a nice atmosphere. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than August 15th, and send them to George Lewis, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883

Thursday September 26, 2013 San Gennaro NYC Trip - The 87th Annual Feast of San Gennaro, Inc. will take place in Little Italy for 11 days, on the streets of historic Little Italy, the lower Manhattan neighborhood which served as the first home in America for hundreds of thousands of Italian immigrants who came here seeking to improve their lives beginning in the early part of the 20th century.

Oct Oktoberfeast

Tuesday December 17, 2013 Christmas Party at The Seasons

Other Thoughts:

Villa Roma in the Catskills

AU Dues are past due. Make your check out to AU for \$50.00 and send it to our Asst. Treasurer: **Jim Jeffers**, 409 D Bromley Place, Wyckoff, N.J. 07481

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First-Class Mail